



# May 2014



Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors


Mon	Tue	Wed	Thu	Fri
<p><b>Center is open Monday-Friday 9 a.m.—1 p.m.</b></p>	<p><b>May Birthdays In Red</b></p>	<p><i>Spring</i></p> 	<p><b>1 Games</b></p> <p><i>John Bookmiller</i></p>	<p><b>2 Devotional with Beth</b></p>  <p><b>3 Martha Tolbert</b></p>
<p><b>5 Bingo &amp; Bridge</b></p> 	<p><b>6 Games</b></p>	<p><b>7 Nutritional Information Games</b></p> 	<p><b>8 Games</b></p>	<p><b>9</b></p>  <p><b>Welcome to... Mother's Day Café Games</b></p>
<p><b>12 Bingo &amp; Bridge</b></p>	<p><b>13 Games</b></p>	<p><b>14 Games</b></p> <p><i>James Burlison</i></p>	<p><b>15 Nutritional Information Games</b></p>	<p><b>16 Lunch at Guntersville State Park</b></p> <p><i>Cathern Hinkle Marie King</i></p>
<p><b>19 Bingo &amp; Bridge</b></p>	<p><b>20 Nutritional Information Games</b></p> 	<p><b>21 Games</b></p>	<p><b>22 Older Americans May Event East Lake Park Fun, Food, Entertainment Games</b></p>	<p><b>23 Games</b></p>  <p><i>Audie Barrett</i></p>
<p><b>26 Closed for Memorial Day</b></p> 	<p><b>27 Games</b></p> <p><i>Dorothy Billman</i></p>	<p><b>28 Nutritional Information Games</b></p> <p><i>Ruth Spitzer</i></p> 	<p><b>29 Games</b></p>	<p><b>30 Games</b></p> <p><i>Rose Clayton</i></p>

MAY

Noon Menu

## ADSS NUTRITION PROGRAM

SPRING 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Menu 4 Tomato Juice <b>Vegetable Plate:</b> Macaroni & Cheese Black Eyed Peas Collard Greens Cornbread Margarine Oatmeal Crème Pie Milk/Buttermilk	Menu 5 BBQ Chicken Diced Northern Beans Garden Vegetables Fresh Fruit Hamburger Bun Cherry Gelatin Milk
Menu 6 Apple Juice Swiss Steak Buttered Rice Mixed Vegetables Wheat Bread Margarine Pineapple Tidbits Milk <b>Alternate: Teriyaki Beef Patty</b>	Menu 7 <b>Taco Salad:</b> Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Raspberry Gelatin Milk/Chocolate Milk	Menu 8 Smoked Sausage/Bun Whole Kernel Corn Broccoli and Carrots Fresh Fruit Diced Onions Mustard Lemon Pudding Milk	Menu 9 Orange/Pineapple Juice Sliced Turkey/Gravy Whipped Sweet Potatoes Lima Beans Wheat Roll Margarine Birthday Cake Milk	Menu 10 Grape Juice Chicken Noodle Casserole Turnip Greens Cold Country Tomatoes Cornbread Margarine Gingerbread Cookie Milk/Buttermilk
Menu 11 Blended Juice Chicken/Sausage Jambalaya Cabbage Green Peas Saltine Crackers Margarine Raisin Crème Pie Milk	Menu 12 Meatloaf/Brown Gravy Whipped Potatoes Mixed Greens Fresh Fruit Cornbread Margarine Cranberry Congealed Salad Milk/Buttermilk	Menu 13 Apple Cherry Juice Hot Dog/Bun Baked Beans Coleslaw/carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk	Menu 14 BBQ Rib Patty Northern Beans Broccoli Sliced Peaches Wheat Bread Margarine Yellow Cake Milk	Menu 15 <del>Cranberry Juice Spaghetti Casserole Whole Kernel Corn Marinated Slaw Texas Bread Margarine Oats and Honey Goldfish Cookie Milk</del> <i>picnics</i>
Menu 16 Apple Juice Grilled Pork Patty/Brown Gravy Delmonico Potatoes Brussels Sprouts Whole Wheat Bread Margarine Strawberry Cake Milk	Menu 17 Grape Juice Italian Macaroni Casserole Green Beans Tossed Salad/Italian Dressing Texas Bread Margarine Vanilla Goldfish Cookie Milk	Menu 18 Smothered Chicken Thigh Brown Rice Mustard Greens Fresh Fruit Cornbread Margarine Orange Gelatin Milk/Buttermilk	Menu 19 Cranberry Juice Ham & White Beans Okra and Tomatoes Glazed Carrots Wheat Bread Margarine Fudge Crème Cookie Milk	Menu 20 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk
 Centers Closed Memorial Day	Menu 2 Apple Juice Breaded Chicken Patty/Gravy Country Potatoes Green Peas Wheat Bread Margarine Banana Pudding Milk	Menu 3 Meatballs(3)/Spaghetti Sauce Whole Grain Penne Pasta California Vegetables Tossed Salad/Ranch Dressing Wheat Breadstick Margarine Chocolate Cake Milk	Menu 4 Tomato Juice <b>Vegetable Plate:</b> Macaroni & Cheese Black Eyed Peas Collard Greens Cornbread Margarine Oatmeal Crème Pie Milk/Buttermilk	Menu 5 BBQ Chicken Diced Northern Beans Garden Vegetables Fresh Fruit Hamburger Bun Cherry Gelatin Milk